Herbert Frese verstorben

Mit großer Traurigkeit haben wir zur Kenntnis nehmen müssen, dass unser Sportfreund Herbert Freese in der Nacht vom 10.03.2014 verstorben ist.


“Herbert Frese has been involved in martial arts for many decades, professionally as police officer (since 1974) and in German Ju-jutsu Federation (DJJV). In 1975 he started with karate and boxing and in 1979 with judo and ju-jutsu. He successfully participated in numerous national competitions and was a holder of DJV licence of a ju-jutsu coach. He was author of six books and a video with a topic of self-defence and personally safety. In his sport carries he held a position of a club board members, Hessian Ju-jutsu Association board member from 1991 to 1995, President of Hessian Ju-jutsu Association from 1995 to 2005 and a President of German Ju-jutsu Federation (DJJV) from 2000 to 2010. From 2010 (and before) he has been involved in development of ju-jitsu on other continents as a special advisor to JJIF Board and from 2012 also a President of Ju-jitsu European Union (JJEU).

He was a fighter and he fought the illness with a great courage and optimism. Although things were not always looking good, he stayed strong, active, helping, being involved in JJIF and JJEU projects and above all – he was here for all of us when we need a leader - leader with example and professionalism, with a quiet voice but strong ethical and moral code. In 2013 he was awarded by JJIF Board as “Honorary JJIF President” for his strong role in ju-jitsu activities in past decades and expressed fair-play and example of bravery.

He came to JJEU as a President with a clear vision and focused on problem solving and development. That’s the way he left – never complaining and quietly as he came, working to the last breath.

We have lost a good friend, martial arts expert and great visionary.”